

Twisthaler® Fact Sheet

Asmanex® (mometasone furoate inhalation powder) is a corticosteroid medication intended for the treatment of asthma in patients 4 years of age and older.

Generic Name: Mometasone furoate

Brand Name: Asmanex®

Dosage Administration and Strength

- 220 mcg Asmanex® Twisthaler®: delivers 200 mcg of medication per actuation
- 110 mcg

Indications

- Treatment for asthma in patients 4 years and older

Contraindications

- Asmanex® is not a bronchodilator and should not be used for sudden symptoms of shortness of breath
- Hypersensitivity to milk proteins

Cleaning Instructions

- Wipe with a dry towel or cloth
- Never wash the inhaler
- Store in a dry place

References

1. Global Initiative for Asthma. *How to Use a Metered Dose Inhaler* [PDF document]. 2011; Retrieved from www.gina.org/Local/uploads/content/files/inhaler_charts_2011.pdf
2. American Lung Association. "How to use a Metered-Dose Inhaler". Feb 07, 2012 Retrieved from www.lung.org.
3. Asmanex® Twisthaler® [package Insert]. Kenilworth, NJ: Schering Corporation; 2010.



Patient Name: _____
 Patient ID: _____
 Evaluator Initials: _____
 Date: ___/___/___

ASMANEX® TWISTHALER® INHALATION TECHNIQUE CHECKLIST

Trained assessor to read to participant: Please show me exactly* how you use your Asmanex® Twisthaler at home
****If using actual medicine (not placebo) the patient should mimic use (i.e. do not take repeated doses)***

	Pre		Post 1		Post 2		Post 3	
	Wrong	Correct	Wrong	Correct	Wrong	Correct	Wrong	Correct
1. Holds inhaler upright with pink base on bottom	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
2. Twists white cap counterclockwise until it clicks	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
3. Lifts off cap	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
4. Breathes out fully	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
5. Puts inhaler into mouth, closes lips around mouthpiece	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
6. Holds inhaler horizontally	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
7. Breathes in QUICKLY, filling lungs with medicine	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
8. Holds breath for at least ten seconds (with or without device in mouth)	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
9. Removes inhaler from mouth before breathing normally	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
10. Replaces cap on inhaler	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
11. Twists clockwise until it clicks	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
12. Rinses mouth	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁
Participant's Score:	___/12		___/12		___/12		___/12	
	[] N/A		[] N/A		[] N/A		[] N/A	

Score the participant's performance by assigning 1 point to each correct step and adding across the 12 steps. If score is less than 12, demonstrate to the participant appropriate technique and repeat inhaler assessment.

Comments: _____